

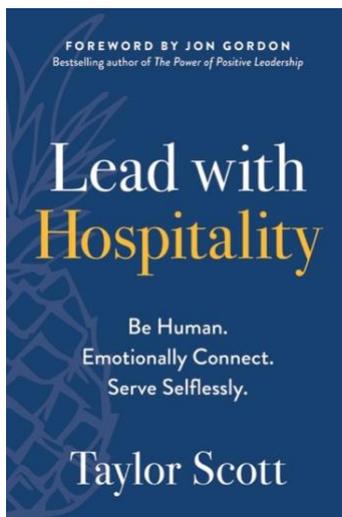
LXbD Presents, Taylor Scott with “Striving for Self-Mastery”

Taylor Scott is an author, thought leader, and leadership coach with a background in working with various organizations on navigating change and inspiring teams’ hearts and minds to excel in their roles and form thriving partnerships with their fellow teammates. Taylor also has extensive experience incorporating compelling educational theories and training techniques to develop and refine training programs, workshops, and learning modules.



Taylor holds a bachelor’s degree in business administration from Florida Southern College, along with a master’s of management in hospitality from Cornell University. For over twenty years, he’s worked in various leadership roles for notable brands such as Walt Disney Parks and Resorts, Gaylord Hotels and Resorts, Wynn-Encore Las Vegas, and The Cosmopolitan of Las Vegas. Taylor is the author of *Ballgames to Boardrooms: Leadership, Business, and Life Lessons from Our Coaches We Never Knew We Needed* as well as his forthcoming book, *Lead with Hospitality*. His experience and passion for inspiring and encouraging people make him an exceptional facilitator as he leads memorable, motivating, and effective speaking engagements and trainings.

He has taken his experiences and expertise to develop an interactive and inspiring virtual session on how to coach with grace while creating a culture of grit, determination, and intention among your team.



“These live learning experiences with Taylor have allowed me to connect on a human level with like-minded leaders. He encourages me to think differently about my approach to leadership. I look forward to continuing to grow and develop myself and my network.”

—Amie Guswiler, housekeeping manager, Walt Disney World®Resort

“Taylor is a dynamic thought leader whose welcoming personality creates an experience that is one of a kind for anyone regardless of the industry you represent. I would highly recommend you carve out time to take advantage of his teaching.”

—Ashley Chalk, VP of partnerships, Complexity Gaming



## LX Overview

**LX Name:** “Striving for Self-Mastery: How the Best Leaders Improve Their Emotional Intelligence and Become Their Best to Lead Others to Become Their Best”

**Why This LX is Important:** Research tells us that IQ (intelligence quotient) helps us achieve success in 20% of all the components in our life. However, the extent to which anyone, especially leaders, can achieve success in the other 80% of life depends on one’s emotional intelligence (EQ). While IQ may get you the job, EQ will make you a star. Unless (or until) leaders learn how to lead themselves successfully, they’ll fall short in their efforts to lead others to success. Striving for self-mastery is about leaning into who we are today and who we strive to become tomorrow. The best leaders understand that before they’re fully prepared to lead others to success, they must first learn to lead themselves. This learning experience ignites the spark to this ever-important, ongoing journey of striving for self-mastery.

**LX Length:** 120 minutes virtually or in the classroom.

**LX Participants:** Each session is designed for a maximum of 40 participants. This module is part of a series of six learning experiences that provide supervisors and managers with a roadmap for connecting, striving for self-mastery, serving, engaging, coaching, and inspiring those they lead.

**LX Overview:** Leaders will learn more about themselves through the lens of emotional intelligence. They’ll be immersed in (individual and group) activities, along with dynamic discussions on the power of improving in the following areas of emotional intelligence: self-awareness, self-management, social awareness, and relationship management.

During this leadership learning experience, participants will learn the power of acceptance. Interactive activities and thought-provoking discussions featured in this module will remind participants to accept themselves for who they are and what makes them unique. They’ll become more self-aware of their strengths and capabilities, while also learning how to manage their thoughts and emotions when triggered by others or specific situations. Participants will walk away with a deeper understanding and appreciation for mastering the most important leadership skill of all: empathy. Dynamic group and partner discussions, coupled with hands-on activities, will inspire participants to think differently about their approach to leadership as they learn how to leverage certain leadership styles for specific situations, as opposed to a one-size-fits-all approach.



**LX Takeaways:** This interactive learning experience is designed with the following outcomes for each participant:

1. Participants will learn the four main components of emotional intelligence and create action plans for improving all four areas as they strive for self-mastery and become their best.
2. Participants will learn how acceptance (accepting one's self, accepting others for who they are, and accepting organizational realities) will reshape their mindset and help them serve their teams.
3. Participants will learn what empathy means, why it's an important leadership skill to master, and how to leverage it to inspire teamwork and a positive culture.

**Price (for a Certified Trainer):** \$2,500 per session for up to 40 participants.